



Who is Adventure Life and what is its target?

Development following one's own “call to adventure” goes through crises of maturation. This path is described in myths and magical fairy-tales since ancient times. Paul Rebillot (1931-2010) made out of this “Hero's journey” a work of art in

a modern training design.

The charitable association “Adventure Life“ forms an intercultural and transnational community in Europe. This is a community of socially engaged persons of different generations cultivating their professional activities as counsellors, therapists, healers and social and cultural activists in the experience of own individual as well as collective Hero's journeys and by sharing experiences and collective theory construction.

Our common path has the target to strengthen further the work of inclusion of people in crisis and socially marginalized people or groups, making use of the “cycle of basic feelings (Machleidt / Weule)” and of experiences in Hero's journey trainings following Paul Rebillot in transforming shadow topics of society. Thus the respect for our natural resources, our history and our partner-like relationship to all living beings can be deepened again.

Hereby the association is focussing the education and further education of “Hero's journey guides” of intercultural Hero's journey trainings in Europe as well as the development and inclusion of new spaces and methods in the own working fields of members, making possible Hero's journeys.

Our first international Hero's journey training was granted by “EU's Youth program” and took place 2006 in Austria. It was guided by Helga and Manfred Weule, authorized by Paul Rebillot to guide and to teach his HJ training. Its participants founded the association “Adventure Life” 2007. These 19 founding members came from Czech republic, Austria, Germany and Switzerland. Until 2019 took place 8 Hero's journey trainings in A, CZ, SK, I and ES.

A training curriculum for Hero's journey guides was developed in annual facilitator trainings and the association's target widened from youth mentoring to further education of adults: AL was founded with the motto “it needs a village to grow up a child”. Now the motto is “It needs community to grow up and to live the adventure”. Or in other words: culture of today needs self-empowerment, self-organization and community.

Board of AL, August 17, 2019